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Contact:

Michael Glen

858-414-2373

Michael@FacialYogaOnline.com

LOCAL EXPERT BATTLES AGING USING FUNNY FACES

San Diego , CA – What if you could stay younger looking simply by making funny faces? According to the wildly popular new program, Facial Yoga by Michael Glen, that’s just what you can do.

Michael Glen can teach your readers how use facial exercises combined with simple yoga poses to correct double chins, firm the jaw line, tighten jowls, and increase circulation to the skin. According to Glen, none of his exercises reinforce wrinkles like other facial exercise programs. However, with names like ‘Lion Lick’, and ‘The Flapper’, it’s hard to believe that Glen’s clients aren’t reinforcing those smile lines.

Michael Glen developed Facial Yoga by Michael Glen in 2006, and has a private practice with clients that include TV & film professionals. Glen offers Facial Yoga at select studios in Southern California, as well as resorts in Mexico .

For more information, visit www.FacialYogaOnline.com.